

FIG. 1

Abstract

An apparatus used for massaging a person's back by themselves. By laying your back over the cylinder shaped apparatus (Massage Tube) in a horizontal position parallel to the ground and knees bent you slide your body back and forth over the Massage Tube with the use of your legs. The ribbed and semi-pointed surfaces coupled with the weight of your body and sliding motion massages the muscles and associated areas in the back and neck, however not limited to the back and neck. A key element of this apparatus is the ability to adjust the height and pressure by an inlet air valve located on the side. This allows the apparatus to adapt to the users body shape and comfort level by adding or releasing air. The unique cylinder design is the key element of the invention helping stabilize and balance the user during massaging, exercising and stretching.

Claims:

1. An apparatus constructed from a rubber material in a cylinder design, which with a common air inlet may be inflated or deflated easily with most conventional air pumps, including manual air pumps. The circumference of the said rubber cylinder will consist of ribbed and pointed formed surfaces. The rubber cylinder (Massage Tube) will be physically wider than a human body allowing a comfortable fit and balance during use.
2. An apparatus as claimed in claim 1, wherein by placing the apparatus (Massage Tube) on the ground and laying your back horizontally to the ground on top of the said Massage Tube and by extending and bending your legs at the knees you slide back and forth over the Massage Tube. The force of your weight on the ribbed and pointed surfaces and the sliding motion massage your back and neck.
3. An apparatus as claimed in claim 1 wherein by placing the apparatus (Massage Tube) on the ground and laying your stomach horizontally to the ground on top of the said Massage Tube and by extending and bending your legs at the knees and the use of your arms you slide back and forth over the Massage Tube. The force of your weight on the ribbed and pointed surfaces and the sliding motion massage your upper legs,
4. An apparatus as claimed in claim 1, wherein by placing the apparatus (Massage Tube) on the ground and laying the side of your body horizontally to the ground on top of the said Massage Tube and by extending and bending your legs at the knees and the use of your arms you slide back and forth over the Massage Tube. The force of your weight on the ribbed and pointed surfaces and the sliding motion massage your hips and sides or the body.

Description:

BACKGROUND OF THE INVENTION

This invention is relative to the healthcare, relaxation and exercise fields and more directly to an apparatus designed for massaging certain areas of the body.

There are great benefits to massaging the body, relaxation, stress relief, better circulation, increased flexibility and overall health. This apparatus pertains to the massaging of the body and more particularly to be able to massage many areas of your body yourself at home, but not limited to home use or the use of additional persons.

Using the apparatus massages can be accomplished easily and inexpensively in the comfort of your own home. The intent of this invention is not to replace other methods of massage but to offer alternatives to how massage can be facilitated and more frequently obtained.

SUMMARY OF INVENTION

The primary objective of this invention is to provide an apparatus for administering a body massage to your self by yourself.

The secondary objective of this invention is to provide an apparatus, which will allow for easy and frequent body massages. Frequent being relative to the user, the typical usage objective would be daily, but not limited to extended use.

An additional objective of this said invention is to provide an relatively inexpensive apparatus for administering a body massage to your self by yourself.

An additional objective of this said invention is to provide an apparatus with the capability to massage your neck and back.

An additional objective of this said invention is to provide an apparatus with the capability to massage your stomach and chest.

An additional objective of this said invention is to provide an apparatus with the capability to massage your legs.

Another use of this said invention is the ability to stretch over it and use it as a moderate stretching device.

Another use of this said invention is the product of exercise extended from the use of the apparatus during stretching and massaging.

To summarize the above mentioned claims and objectives of this said invention, an apparatus said "Massage Tube" can be used for self-administered body massage, stretching and exercise. The intent of this invention is to supply an apparatus, which helps establish and maintain overall health and stress relief to an individual through massage, stretching and exercise.

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BRIEF DESCRIPTION OF THE DRAWINGS

FIG.1 is a front view of the purposed invention "apparatus" which illustrates the physical shape and contours of the invention.

Fig. 2 is a side view of the purposed invention, which illustrates the physical shape and contours of the invention.

Fig. 3 is a close up view of the circumference of the invention to help illustrate the suggested contours.

Note: slight adjustments may need to be made to allow for the optimum design and are not limited to the drawing specifications.

DETAILED DESCRIPTION

A detailed description of the suggested and preferred design of the invention is provided herein. However the said invention may be embodied in different forms. Therefore specific details disclosed herein shall not be limiting, but represent the claims and objectives set forth within, for the cylinder shape of the apparatus is the main design focus of the invention which allows for comfortable and safe massage usage.

Oath:

I James Clement Martinec RESIDENT OF 15922 Pilgrim Circle Huntington Beach, Ca. 92647, U.S.A. and U.S. born citizen believes to be the original and first inventor of the subject matter of this application, the said invention an apparatus referred to as the "Massage Tube". My conception of this design was documented on 5/17/99 in writing and notarized. That document was mailed to my self. I also regret that I was delayed on the start of my patent application due to family and work matters. The dates listed below reflect the starting date of my application of a patent for the "Massage Tube" invention.

Inventor: _____

Date: _____